

Epilepsy Resource Guide



A list of resources and services available to help you manage your epilepsy in Georgia

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This Epilepsy Resource Guide was developed by the Morehouse School of Medicine's Epilepsy Community Advisory Board.
For more information, contact: 404-756-8848 or epilepsycab@msm.edu



GA EPILEPSY CENTERS

Augusta University Health Comprehensive Epilepsy Center*

Adult/Pediatric Epilepsy Center

1446 Harper St.

Augusta, GA 30912

(706) 721-4626



Children's Healthcare of Atlanta Epilepsy Center*

Pediatric Epilepsy Center

1001 Johnson Ferry Rd. NE

Atlanta, GA 30342

404-785-2186



Emory University Epilepsy Center*

Adult Epilepsy Center

1365 Clifton Rd.

Atlanta, GA 30322

(404) 778-3444



* National Association Epilepsy Centers Accredited (<https://www.naec-epilepsy.org/>)

HELPLINES & SUPPORT

Crisis Text Line

Crisis counselors provide support and information to anyone in any crisis:

Text GA to 741741

Text BLUE to 741741 for the police

Website: <https://www.crisistextline.org/>

CRISIS TEXT LINE |

Georgia COVID-19 Emotional Support Line

24/7 free and confidential support for people needing emotional support or resources during the COVID-19 pandemic.

Call: 866-399-8938

Website: <https://georgia.gov>



Georgia Crisis and Access Line

Support services for mental health, developmental disabilities, and substance misuse

Call: 800-715-4225

Website: <https://www.georgiacollaborative.com/>



Dial 311 for non-emergency services

Dial 211 for United Way Services

HELPLINES & SUPPORT

Find an Epilepsy Healthcare Provider

Find a doctor in your area and gain professional information on individual providers

Website: <https://my.aesnet.org/FindaDoctor>



Epilepsy and Seizures Helpline

Trained information specialists that provide support, guidance, and referrals for people with epilepsy and their families


Call: 1-800-332-1000

Website: <https://www.epilepsy.com/connect/247-helpline>



 Facebook: Epilepsy Foundation of America

 Twitter: @EpilepsyFdn

 Instagram: @EpilepsyFdn

 TikTok: @EpilepsyFdn

 YouTube: Epilepsy Foundation

 LinkedIn: Epilepsy Foundation

PATIENT EDUCATION

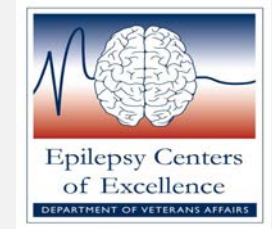
American Academy of Pediatrics is an organization of over 65,000 pediatricians committed to the optimal physical, mental, and social health and well-being for all infants, children, adolescents, and young adults. They provide journal and publication resources related to epilepsy in children and adolescents.

Website: <https://www.aap.org/en/patient-care/epilepsy/>



Epilepsy Centers of Excellence (Veterans) seeks to improve the health and well-being of Veteran patients with epilepsy and other seizure disorders through the integration of clinical care, outreach, research, and education.

Website: <https://www.epilepsy.va.gov/>



International League Against Epilepsy

The goals of the ILAE are to advance and disseminate knowledge about epilepsy, promote research, education and training, and to improve services and care for patients, especially by prevention, diagnosis and treatment

Website: <https://www.ilae.org/education>



National Association of Epilepsy Centers is a nonprofit trade association whose members include more than 200 specialized epilepsy centers across the United States. This association can help you find an epilepsy center close to your home.

Website: <https://www.naec-epilepsy.org/for-patients/patient-resources/>



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PATIENT EDUCATION

CDC **Epilepsy** provides resources on the different types of seizures, support groups, facts and statistics, etc. This page also keeps you updated on the newest epilepsy studies and resources.

Website: <https://www.cdc.gov/epilepsy/index.html>



Seizure First Aid training is provided by The Epilepsy Foundation of America. The course will teach you how to recognize different seizure types, when a seizure is an emergency, and how to proceed if you encounter someone having a seizure.

There are specific trainings for school nurses, teachers, special education teachers, librarians, etc.

Website: <https://learn.epilepsy.com/courses/seizure-first-aid-certification>



Types of Seizures: A detailed breakdown of the many different types of seizures, such as generalized seizures and focal seizures. This resource provides information about how and where seizures start in the brain.

Website: <https://www.epilepsy.com/learn/types-seizures>

DISCUSSION TOOLS

SK Life Science STEP Discussion Guide: A survey with the goal of improving communication between patients and their care teams.

Website: <https://livingwellwithepilepsy.com/steps-discussion-tool>



Seizures Are Signs: By identifying seizures early on, your doctor can work with you to develop the right treatment plan. Don't wait to get the conversation started. This quick assessment may help you and your doctor determine if the seizures are a sign of something more.

Website: <https://www.seizuresaresigns.com/assessment>



ADDITIONAL RESOURCES

My Seizures, Know More: A 6-question tool designed to empower people living with epilepsy by providing personalized questions for them to discuss with their doctors.

Website: <http://www.myseizuresknowmore.com/indexPreview.html>



***Rare Epilepsy Network (REN):** The mission of Rare Epilepsy Network (REN) is to work with urgency to collaboratively improve outcomes of rare epilepsy patients and families by fostering patient-focused research and advocacy.

Website: <https://www.rareepilepsynetwork.org/>



Transition of Care: Helpful tips and tools to help people with epilepsy and their caregivers navigate the transition from a child epileptologist to an adult epileptologist.

Website: <http://www.childneurologyfoundation.org/transitions/>

***Epilepsy Foundation of America**



ADDITIONAL RESOURCES

Jazz Pharmaceuticals recognizes that many patients today face financial obstacles that keep them from accessing important medications. Their website provides resources for those battling seizures such as current research, advocacy groups, etc.

Website: <https://www.jazzpharma.com/our-purpose/patient-support/>



The Managing Epilepsy Well (MEW) Network is a network of investigators at academic institutions across the U.S. who conduct epilepsy self-management research. They have developed several self-management programs for people with epilepsy.

They provide resources on epilepsy self-management and resources for healthcare providers to understand their role in helping improve self-management skills in patients.

Website: <https://managingepilepsywell.org/patients-families-nav>



**Managing Epilepsy
Well Network**

FINANCIAL RESOURCES

Need Help Paying Bills: Georgia Assistance and Financial Aid Programs including afterschool services, PeachCare for kids, local and national rental assistance programs, childcare and parent services, Georgia temporary assistance for Needy Families (TANF), Medicaid, and many more

Website: https://www.needhelppayingbills.com/html/georgia_assistance_programs.html

NEED HELP PAYING BILLS

NeedyMeds is a 501(c)(3) national non-profit that connects people to programs that will help them afford their medications and other healthcare costs.

Website: <https://www.needymeds.org/>



UCB Family Epilepsy Scholarship Program: The annual program offers education at scholarships to people living with epilepsy, family members and caregivers to help them fulfill their dreams.

Website: <https://www.ucbepilepsyscholarship.com/>



FINANCIAL RESOURCES

Social Security Disability Help: A nonprofit organization with information about how people with epilepsy can apply for Social Security Disability Insurance.

Website: <http://www.disability-benefits-help.org/disabling-conditions/epilepsy-and-social-security-disability>



Disability Benefits Help!

UCB is committed to ensuring patients who need our medications can access them. If you are struggling with the burden of paying for your medication, there are several types of financial assistance for qualified patients.

Website: <https://www.ucb-usa.com/Patients/Financial-Assistance>

Contact UCB Cares 8 A.M. - 8 P.M. ET Monday – Thursday and 8 A.M. - 5 P.M. ET Friday

Phone Number: +1-844-599-CARE (2273)

Email Address: UCBCares@ucb.com

ucbCARES[®]
Caring. Answers

ADVOCACY & SUPPORT

Angels of Epilepsy is a non-profit charity and advocacy organization that provides assistance for survivors and families battling with epilepsy and brain disorders. Contact: 678-239-4193 or angelsofepilepsy@gmail.com

Website: <https://www.angelsofepilepsy.org/>



Canine Assistants is a non-profit organization that provides information and programs on service, companion, and seizure response dogs. Contact: 770-644-7178

Website: www.canineassistants.org



ADVOCACY & SUPPORT

Epilepsy Foundation of Georgia is the Georgia affiliate of the Epilepsy Foundation of America. It seeks to improve the quality of life for people with epilepsy and their families. The foundation provides programs, services and resources. Contact: 1-800-527-7105 or epilepsy@epilepsyga.org



Website: <https://epilepsyga.org/>

My Epilepsy Team is a social network for those living with epilepsy. Get the emotional support you need from others like you and gain practical advice and insights on managing treatment or therapies for epilepsy.



Website: <https://www.myepilepsyteam.com/>

Mental Health America of Georgia is a non-profit organization that dedicated to improving the mental health and mental wellness of individuals throughout Georgia who face challenges.



Website: <https://www.mhageorgia.org/>

ADVOCACY & SUPPORT

Parent to Parent is a national organization with local affiliates of parents and parental advocates. Each state offers something different to parents – some offer online services and others offer weekly columns.

Website: <https://www.p2pusa.org/>



PARENT TO PARENT
USA

Sibling Leadership Network provides individuals of siblings with disabilities the information, support, and tools to advocate with their brothers and sisters and to promote the issues to them and their entire family.

Website: <https://siblingleadership.org/>

SIBLING 
LEADERSHIP
NETWORK

SEIZURE MONITORING

Empatica Embrace uses groundbreaking technology to detect patterns that may be associated with a generalized tonic-clonic seizure, and immediately alert caregivers.

Website: <https://www.empatica.com/>



SAMi is a sleep activity monitor camera for caregivers and individuals who need to watch carefully for unusual movements at night. The SAMi app records and analyzes the video for unusual activity.

Website: www.samialert.com



Seizure Tracker is an online tool and app that helps tracks seizure activity, appointments and medication schedules.

Website: www.seizuretracker.com



Smart Monitor detects repetitive shaking motion, and it signals the user's device (iPhone or Android phone) to send text and phone call alerts to multiple family members and care providers.

Website: www.smart-monitor.com



SEIZURE MONITORING

Brain Sentinel is a seizure detection and alerting system that is placed on the biceps to measure muscle activity through the skin. The system provides audio recording of the events and a seizure diary that summarizes seizure information that can be shared with your doctor.

Website: <https://brainsentinel.com>



Capture Proof allows you to instantly record your health trends through photos and videos, and securely share them with your doctor to get the best care.

Website: www.captureproof.com



SUPPORT GROUPS

Coping With Epilepsy

Coping With Epilepsy is an online peer support community for people living with epilepsy.

<https://www.coping-with-epilepsy.com/>

Epilepsy Foundation Chicago Chapter

The Chicago Chapter of the Epilepsy Foundation holds virtual and in-person support groups for people with epilepsy, caregivers, and parents.

<https://epilepsychicago.org/events/category/support-groups/>

Epilepsy Foundation of Georgia

Epilepsy Foundation of Georgia has an Epilepsy and Seizures 24/7 Helpline providing help for today and hope for tomorrow! (You do not have to reside in Georgia to call.) They also host virtual support groups.

Contact Tim Ulmer at timulmer@hotmail.com

Call Anytime: 1-800-332-1000

en Español 1-866-748-8008

Website: <https://epilepsyga.org/support-groups/>

SUPPORT GROUPS

Epilepsy Foundation New England Chapter

The New England Chapter of the Epilepsy Foundation holds virtual community groups for those living with epilepsy, caregivers, parents and siblings, and children with epilepsy. (You do not have to reside in New England to participate.)

Website: <https://epilepsynewengland.org/programs/resource-and-support-center/support-group>

Epilepsy Foundation New York Chapter

The Northeastern New York Chapter of the Epilepsy Foundation holds virtual support groups for women, men and free art therapy sessions. (You do not have to reside in New York to participate.)

Contact Lori at lkidd@epilepsy.org

Epilepsy Foundation of NorCal

Virtual support groups are led by either trained professionals or peers with extensive personal experience coping with epilepsy and its impact on families and caregivers. (You do not have to reside in California to participate.)

Website: <https://www.epilepsynorcal.org/support-groups/>

SUPPORT GROUPS

My Epilepsy Team

My Epilepsy Team is a social network and support group for those living with epilepsy.

Website: <https://www.myepilepsyteam.com/>

North Fulton Support Group

North Fulton Support Group serves North Fulton, Roswell, and Alpharetta. They host support group meetings and provide individuals with helpful epilepsy resources through their Facebook page. Contact 770-667-9363 or follow @epssupgrp on Twitter for more information.

Website: <https://m.facebook.com/epilepsysupportgroupnorthfulton/>

Parent & Family (Phone Support Network)

24/7 Helpline that is a support network for the parents of those living with epilepsy.

Contact Susan Brown at 1-900-229-2038

COVID-19 RESOURCES

The **CEAL Network's** mission is to provide trustworthy information through active community engagement and outreach to the people hardest-hit by the COVID-19 pandemic, including African Americans, Hispanics/Latinos and American Indians/Alaska Natives, with the goal of building long-lasting partnerships as well as improving diversity and inclusion in our research response to COVID-19.

Website: <https://covid19community.nih.gov/about>



The **Centers for Disease Control and Prevention** works to protect America from health, safety and security threats, both foreign and in the U.S. Whether diseases start at home or abroad, are chronic or acute, curable or preventable, human error or deliberate attack, CDC fights disease and supports communities and citizens to do the same.

Website: www.cdc.gov/



COVID-19 RESOURCES

The **COVID-19 Prevention Network** (CoVPN) was formed by the National Institute of Allergy and Infectious Diseases (NIAID) at the US National Institutes of Health to respond to the COVID-19 global pandemic.

Website: [www. https://www.coronaviruspreventionnetwork.org](https://www.coronaviruspreventionnetwork.org)



RADx-UP is developing strategies to reduce disparities in COVID-19 testing by supporting projects across the country with established community partnerships. RADx-UP also has resources to answer common questions about COVID-19 testing and vaccination among community members and RADx-UP research participants.

Website: <https://radx-up.org/learning-resources/for-the-public/>



FAMILY RESOURCES

Angels of Epilepsy, Inc. is a 501 (c) (3) nonprofit charity and advocacy organization that supports, advocates, and provides educational information and resources within the epilepsy community.

Office: 678-239-4193

Email: info@angelsofepilepsy.org

Website: <https://angelsofepilepsy.org/>



FAMILY RESOURCES

The **Centers for Family Resources** is an organization that works exclusively to serve local families and individuals that are either homeless or in danger of becoming homeless. Services offered include multiple short term housing programs, life skills classes, GED prep program, an on-site food pantry, local mobile food distribution events, and employment assistance program management for local companies.

400 Franklin Gateway SE, Suite 250
Marietta, GA 30067770-428-2601
Website: <https://thecfr.org/>



FAMILY RESOURCES

Whether you are a youth, young adult, parent/caretaker or physician, the **Department of Public Health** has created several materials for print or download, such as the family workbook and the youth workbook, to assist with your journey from pediatric to adult health care. The guides serve as a road map of tips and information to help each group play their important role in preparing youth to take charge of their health care. The workbooks offer practical tools and prompts such as skits and worksheets to help both youth/young adults and parents/caretakers practice real life skills.

Website: <https://dph.georgia.gov/childrens-health/transitioning-youth-adult-care/transition-resources>



TRANSPORTATION RESOURCES

DeKalb County provides non-emergency medical transportation, medical appointments, dialysis for seniors who reside in DeKalb County
39 Roger Street
Atlanta, GA 30317
(770)322-2967 or (770)322-2950



STARline (Soaring through Resources Aging Resources) is a free information and referral service for Fulton County seniors aged 60 and above, their families, caregivers, and the community.
115 Martin Luther King Jr SW
Atlanta, GA 30303
Website: <https://www.fultoncountyga.gov/inside-fulton-county/fulton-county-departments/senior-services/starline-information-hotline>
(404)613-6000



TRANSPORTATION RESOURCES

Grady EMS, through its non-emergency division, provides all discharge and inter-facility transportation planning for the hospital. SCT transport options include ambulatory vans, wheelchair vans and BLS units for stretcher patients.

80 Jesse Hill Jr Drive SE, Atlanta, GA 30303

Website: <https://www.gradyhealth.org/grady-ems/services/schedule-a-transport/>

(404)616-4897



I CARE, Inc. provides FREE transportation to medical appointments to fixed/low-income seniors throughout the county

735 Sycamore Dr. SE

Atlanta, GA 30030

Website: <https://www.icareseniors.org/>

(404)377-2273



TRANSPORTATION RESOURCES

LogistiCare is for persons with Full Medicaid who are eligible for non-emergency medical transportation

1275 Peachtree Street NE, 6th Floor, Atlanta GA, 30309

Website: <https://www.logisticare.com/>
(404)888-5800



MARTA Mobility is a service that provides ADA Complementary Paratransit service to anyone unable to ride or disembark from our regular MARTA transit services. Riders must have a MARTA Mobility Photo ID Breeze Card to be able to request and board our MARTA Mobility buses.

2423 Piedmont Rd, NE, Atlanta, GA 30324

Website: <https://itsmarta.com/marta-mobility.aspx>
(404)848-5389



HOUSING RESOURCE

Housing Authority of Fulton County is a Public Housing Agency in Atlanta, Georgia that participates in the Section 8 Housing Choice Voucher (HCV), Public Housing, Homeownership Voucher, and Section 8 Project-Based Voucher (PBV) programs

Website: <https://www.hafc.org/>
(404) 588-4950

United Way is a three-digit telephone number (211) that's available 24/7, for callers to receive informational and referral assistance about agencies and programs that can help with services like: shelter/housing; emergency financial assistance; disaster relief services; emergency food/food pantries; etc.

Website: <https://unitedwayatlanta.org/>
(404) 527-7200

Fulton County
Housing Authority



EDUCATIONAL
RESOURCE

United Way ensures children start school ready to learn, students graduate prepared for careers and young people avoid risky behaviors.

Website: <https://unitedwayatlanta.org/>
(404) 527-7200



EMPLOYMENT RESOURCES

AARP assists low-income, unemployed individual's aged 55+ find work

Website: https://www.aarp.org/work/job-hunting/info-06-2009/job_search_resources.html

(404)892-4446 or (678)9198283



disABILITY LINK is an organization led by and for people with disabilities and promotes choice and full participation in community life

Website: <https://disabilitylink.org/employment/>

(404)687-8890



HEALTHCARE RESOURCES

Mercy Care offers comprehensive services that meet the majority of primary physical, mental health and wellness needs. Services are planned and delivered by a team that works together for your health. Everyone receives exceptional care, no matter your insurance or income status.

424 Decatur Street Atlanta, GA 30312

Website: <https://mercyatlanta.org/services/>
(678) 843-8600



Needy Meds provides free or low-cost prescription medicine to low-income people who are uninsured or under-insured

Website: <https://www.needymeds.org/pap>
800-503-6897



The **Patient Access Network (PAN)** Foundation mission is to help underinsured people with life-threatening, chronic and rare diseases get the medications and treatments they need by assisting with their out-of-pocket costs and advocating for improved access and affordability.

Website: <https://www.panfoundation.org/>
(866) 316-7263



HEALTHCARE RESOURCES

The **HEALing Community Center's** mission is to improve individual, group, and community health and well-being for populations that are at risk and underserved by: providing comprehensive healthcare (medical, oral, mental health, and health education) services, eliminating disparities in health and healthcare delivery, and enhancing and building community relationships

Website: <https://www.healingcommunitycenter.org/>

(404)564-7749



West End Medical Centers provide comprehensive, high-quality, patient-centered healthcare

Website: <https://fhcga.org/>

(404)752-1400



SUPPORTIVE RESOURCES

Community Care Services Program (CCSP), helps senior adults and people with functional and/or cognitive impairments stay in their homes and communities for as long as possible.

Website: <https://vnhs.org/community-care-service-program/>
404-222-2417



COMMUNITY CARE
VISITING NURSE HEALTH SYSTEM

Fulton County, Georgia provides referral services for homemaker services, personal care services, recreational services and home delivered meals for individuals in Fulton County

Website: <https://www.fultoncountyga.gov/inside-fulton-county/fulton-county-departments/senior-services/in-home-services>
(404)876-4031



**FULTON
COUNTY**

SUPPORTIVE RESOURCES

DeKalb County, Georgia provides information and referral services for in-home service and home delivered meals

Website: <https://www.dekalbcountyga.gov/senior-services/community-senior-centers>

(404) 370-7297



Empowerline is a comprehensive database of local services in 10-county Atlanta regions for older and persons with disabilities

Website: <https://www.empowerline.org/>

(404) 463-3333



PATIENT ASSISTANT RESOURCES

Healthwell Foundation's mission is to reduce financial barriers to care for underinsured patients with chronic or life-altering diseases.

Website: <https://www.healthwellfoundation.org/>
(800)675-8416

Patient Services Incorporated helps pay for your medication, provide health insurance premium and copay assistance, navigate health insurance plans, give legal advice

Website: <https://www.patientservicesinc.org/>
(800)366-7741



HEALTHCARE TRANSITION PLANNING

The organizations and links that follow can be used to access helpful information and tools that will guide you through the pediatric-adult healthcare transition process.

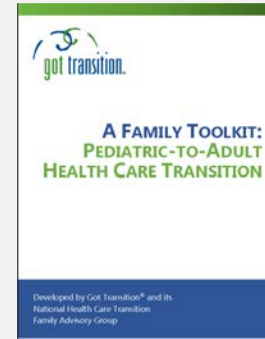
Georgia Department of Public Health (DPH) is the lead agency in preventing disease, injury and disability; promoting health and well-being; and preparing for and responding to disasters from a health perspective.

Website: <https://www.dph.georgia.gov/CMS/cms-care-coordination>
(404)657-2850



Got Transition is the national resource center on health care transition (HCT). Its aim is to improve the transition from pediatric to adult health care through the use of evidence-driven strategies for clinicians and other health care professionals; public health programs; payers and plans; youth and young adults; and parents and caregivers.

Website: <https://gottransition.org/resource/?hct-family-toolkit>
(202)769-0486



HEALTHCARE TRANSITION PLANNING

The **Child Neurology Foundation** connects partners from all areas of the child neurology community so those navigating the journey of disease diagnosis, management, and care have the ongoing support from those dedicated to treatments and cures. Website: <https://www.childneurologyfoundation.org/transitions/>
(888) 417-3435



The **Epilepsy Foundation's** mission is to lead the fight to overcome the challenges of living with epilepsy and to accelerate therapies to stop seizures, find cures, and save lives. Website: <https://www.epilepsy.com/stories/epilepsy-strategies-transitioning-college>
(301) 459-3700



HEALTHCARE TRANSITION PLANNING

The American Academy of Pediatrics is an organization of 67,000 pediatricians committed to the optimal physical, mental, and social health and well-being for all infants, children, adolescents, and young adults.

Website: <https://www.aap.org/en/patient-care/epilepsy/epilepsy-resources-for-health-care-professionals/epilepsy-resources-for-health-care-professionals-health-care-transition/>
(800) 433-9016

The Children's Hospital of Philadelphia (CHOP) is the nation's first hospital devoted exclusively to the care of children.

Website: <https://www.chop.edu/pages/helping-teens-epilepsy-transition-adult-care>
(800) 879-2467

American
Academy of
Pediatrics



HEALTHCARE TRANSITION PLANNING

The Epilepsy Foundation's mission is to lead the fight to overcome the challenges of living with epilepsy and to accelerate therapies to stop seizures, find cures, and save lives.

Website: <https://www.epilepsyfoundationmn.org/2021/02/22/clinicians-corner-transitioning-from-the-pediatric-to-the-adult-epilepsy-clinic/>

<https://www.eftx.org/epilepsy-education-programs/youth-transitioning-for-adults/#:~:text=Accordingly%2C%20youth%20transitioning%20is%20more,impacts%20throughout%20their%20adult%20life>

(800) 779-0777

The Epilepsy Alliance America is dedicated to supporting those impacted by epilepsy in local communities by confronting the spectrum of challenges created by seizures.

Website: <https://epilepsysf.org/resources/transitioning-to-adult-care/>

(800) 642-0500



HEALTHCARE TRANSITION PLANNING

MyEpilepsyTeam is a social network for those living with epilepsy. Members are able to get emotional support from others, gain practical advice and insight on managing treatment or therapies, and connect with others in a judgement-free space.

Website: <https://www.myepilepsyteam.com/resources/the-epilepsy-transition-to-adulthood-how-to-help-your-child>

(800) 642-0500





Contact Us:

epilepsycab@msm.edu

(404)-756-8848